Time	Monday, November 3		
08.00	Workshop Registration		
08.30 - 10.00	Workshop 1: Part I Mind-Body Practices in Psychedelic Therapy: Developing Protocols for Research, Training, and Integration	Workshop 2: Part I The Arc of Evaluation – A Model Framework for Mindfulness-Based Interventions and Organizational Change	Workshop 3: The Death of Shame Workshop; Sitting in the Discomfort of Destigmatizing the Shame Black of Womxn in America
10.00	Morning Break		
10.30 - 12.00	Workshop 1: Part II Mind-Body Practices in Psychedelic Therapy: Developing Protocols for Research, Training, and Integration	Workshop 2: Part II The Arc of Evaluation – A Model Framework for Mindfulness-Based Interventions and Organizational Change	Workshop 4: "How is everybody going on?" A Preconference Workshop featuring an Interdisciplinary Panel and an Interactive Art Expression (ISCR REACH Committee)
12.00	Lunch		
13.30 - 15.00	Workshop 5: Universities in Crisis: Contemplative Practices as support in Speaking Truth to Power (ISCR REACH Committee)	Workshop 6: From Me to We: Advancing Contemplative Praxis from Inner Growth to Outer Change	Workshop 7: Teaching Attention: Practical Exercises for Ethical and Intellectual Presence
15.00	Afternoon Break		
15.30 - 17.00	<b>Workshop 8:</b> Beyond John Henryism: When Persistence Harms and Embodied Authenticity Heals for Black Women	<b>Workshop 9:</b> Six Healing Breaths and Daoist Perspective on Longevity	Workshop 10: The Arc of Life and Death through Radical Compassion in Feeding Your Demons: a Jungian and Buddhist Overview and Guided Practice